

(A) REGULATORY PERSPECTIVE  
ON ADAPTIVE DESIGN IN THE  
CONFIRMATORY PHASE

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# Disclaimer

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*This presentation reflects the views of the author and should not be construed to represent FDA's views or policies.*

# My goals

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- Explain FDA's current thinking on confirmatory adaptive designs
- Dispel (or reaffirm?) some myths:
  1. FDA is not interested in adaptive designs
  2. FDA does not accept adaptive designs
  3. FDA does not accept Bayesian methods
- Give some advice on moving proposals toward regulatory acceptance

# Outline

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- Regulatory 101 for confirmatory adaptive designs
- A tour of FDA's draft guidance on adaptive designs
- Adaptive design submissions to FDA
- Some free advice

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# Regulatory 101 for Adaptive Designs

# Different centers, different approaches

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- Three FDA Centers are responsible for regulating medical products for human use:
  - CDRH regulates most medical devices
  - CDER regulates drugs and some biologics
  - CBER regulates biologics, some devices, a handful of drugs
- Conceivable for same adaptive design proposal to get three different results
  - Different laws, different regulations, different guidances, different cultures

# Same center, different approaches?

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- Attitudes not necessarily monolithic within a Center
- Review offices and divisions may have distinct attitudes
  - ▣ Driven by indication, product class or even individual product-specific concerns
- Fundamentally, individual scientists are reviewing applications and may have individual viewpoints
- But: decisions should be backed by science and law

# Regulatory basics for drugs and biologics

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- Major interactions with FDA occur around investigational and marketing applications
- Marketing: New Drug Applications (NDAs) and Biologics License Applications (BLAs)
- Investigational: Investigational New Drug (IND) applications
- Devices:
  - ▣ Somewhat similar PMA / IDE process
  - ▣ Very distinct 510(k) process



# NDA / BLA authority

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- The result of an NDA / BLA application is:
  - ▣ Approval / licensure (along with labeling considerations)
  - ▣ Non-approval (Complete Response letters)
  - ▣ Refusal to file
- Depends on how the agency views design and conduct of confirmatory studies
- Considerable precedent for accepting various “traditional” study designs
- A given adaptive design may need to break new ground

# Demonstrating effectiveness

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- Effectiveness shown by “...evidence consisting of adequate and well-controlled investigations....” [A&WC]
- Important to believe FDA views your trial as potentially adequate & well-controlled...
  - ▣ ...if you want to bring a product to market
- Strong convention that demonstrating effectiveness requires control of Type I error rate at 97.5%
  - ▣ Usually rejection of a null hypothesis of no difference at one-sided .025 significance level

# IND authority

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- An IND is required to transport or distribute an unapproved product across state lines
  - ▣ Usually requested for research purposes
  - ▣ This may or may not include your research (e.g. CER studies may not involve FDA)
- In one sense, IND protocol review is a binary decision: clinical hold or no clinical hold
  - ▣ Either way, you'll get lots of comments and free advice

# IND clinical holds

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- Lots of reasons a study can be put on clinical hold; notably:
  - ▣ Unreasonable and significant risk to subjects (all phases)
  - ▣ Clearly deficient in design to meet its stated objectives (phase 2 & 3 only)
- FDA could put a questionable confirmatory adaptive trial on hold, or...
- FDA could also allow the trial to proceed, noting reservations

# Special Protocol Assessment

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- Special Protocol Assessment (SPA) can be requested for a clinical trial that will form the basis of an efficacy claim in an NDA or BLA
- An SPA can lead to formal, written agreement on the design and size of a clinical trial
  - ▣ Simply allowing a trial to proceed under IND is not a formal agreement from FDA
- An SPA would be great for a novel design, but...
  - ▣ Review divisions have discretion with SPAs
  - ▣ Review timelines may be a concern

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# FDA Adaptive Design Guidance

# FDA is interested in adaptive designs. Really.

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- Easy to dispel the myth that the FDA is not interested in adaptive designs:
  - ADAPT-IT
  - The adaptive design guidance
  - Internal performance metrics

# Guidance background

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- *FDA Guidance for Industry: Adaptive Design Clinical Trials for Drugs and Biologics*
  - ▣ Released as draft for public comment February, 2010
  - ▣ Many comments, currently under revision
  - ▣ Signed by CDER & CBER, *not CDRH*
- Levels of policy:
  - ▣ Statutes: laws enacted by Congress
  - ▣ Regulations: binding interpretations of law
  - ▣ Guidances: non-binding descriptions of current thinking
  - ▣ Draft Guidances: current thinking not yet clear



# Scope and definition

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- Focus on confirmatory (i.e. A&WC) trials
- “...an *adaptive design clinical study* is... a study that includes a prospectively planned opportunity for modification of one or more specified aspects of the study design and hypotheses based on analysis of data... from subjects in the study”
  - ▣ Stress on *prospectively planned*
  - ▣ Detailed protocol and usually separate Statistical Analysis Plan prior to start of study

# Not adaptive designs

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- Modifications based on analysis of interim data that were not prespecified
  - ▣ That is, either analyses not prespecified or modifications not prespecified
  - ▣ Default position is “no” for this when modifications are substantial
- Modifications made based entirely on external information
  - ▣ Default position for reasonable proposals is usually yes, provided you can show no internal information involved

# What about exploratory studies?

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- The guidance distinguishes A&WC vs. exploratory
- Anything goes would be an overstatement, but...
  - ▣ The guidance strongly encourages experimentation with novel designs in exploratory studies
- Some examples:
  - ▣ CRM in Phase 1
  - ▣ Selection designs in Phase 2
- Major caution is to avoid misleading certainty

# What can be adapted?

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- Eligibility criteria
- Randomization procedure
- Treatment regimens
- Sample size
- Follow-up schedule
- Primary endpoints
- Secondary endpoints
- Analytical methods
- Etc.

# General concern 1: False positives

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- Type I error rate inflation
  - ▣ More paths to a “win” can mean more false positives
  - ▣ Control of this can be more or less straightforward
- Difficulty in interpreting results after a win
  - ▣ Does the effect size estimate account for design?
  - ▣ Is the population a moving target?
- Operational bias
  - ▣ Many adaptations require unblinded analysis
  - ▣ Can knowing results affect conduct?
  - ▣ Who knows what when?

# General concern 2: False negatives

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- Common to think of adaptive designs as more powerful
  - ▣ Not necessarily so
- Reduced time for “thoughtful exploration”
  - ▣ Seamless Phase 2/3 may limit modifications that would ordinarily happen post-Phase 2
  - ▣ E.g. not allowing survival data to mature

# General concern 3: Time

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- Adaptive designs increase efficiency, right?
  - ▣ Not if they take an extra year to plan
- FDA review time should also be considered
  - ▣ Novel proposals will receive more scrutiny
  - ▣ More time required on front-end for sponsor-FDA communication
- These concerns should be mitigated by increased experience and wider adoption over time

# Who understands what?

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- The guidance divides confirmatory adaptive designs into two categories:
  - ▣ Generally well-understood adaptive designs
  - ▣ Less well-understood designs
- “Generally well-understood”  $\approx$  “FDA is familiar with these designs and is comfortable with their use in A&WC trials”
- “Less well-understood”  $\approx$  “we’re not confident error rate inflation and bias are controlled”



# Well-understood designs

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- Adaptations blinded to treatment effect, or
- “Traditional” group-sequential designs
- Examples:
  - ▣ Eligibility criteria adapted based on baseline data
  - ▣ Sample size re-estimation based on blinded analysis
  - ▣ Adaptations based on outcomes unrelated to efficacy
  - ▣ Group sequential designs implemented by DMC
  - ▣ Adaptations based on e.g. missing data, overall data distributions, etc.

# Less well-understood designs

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- All based on unblinded interim analysis of treatment effect
  - ▣ But remember group-sequential exception
- E.g.:
  - ▣ Dose selection designs
  - ▣ Response-adaptive randomization
  - ▣ Unblinded sample-size re-estimation
  - ▣ Population, endpoint adaptation based on treatment effect
  - ▣ Combinations of techniques
  - ▣ Non-inferiority study adaptations

# Other guidance considerations

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- Safety
- Content, format, documentation
- Interactions with FDA
- Simulations
- SOPs for data integrity, blinding and information sharing
- Reporting

# A note about devices

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- Medical device trials are not covered by the Guidance
- In some areas, CDRH has been faster than CBER and CDER to adopt new approaches
- FDA's *Guidance for the Use of Bayesian Statistics in Medical Device Clinical Trials* covers many related topics
  - ▣ Primarily used and developed by CDRH
  - ▣ CBER also a signatory

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# Adaptive Design Submissions to FDA

# General trends

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- More adaptive design submissions over time
- The more innovative proposals for drugs and biologics tend to be under IND as of now
  - ▣ Fewer approved examples
  - ▣ More in devices
- More design experimentation in early phases than in confirmatory trials

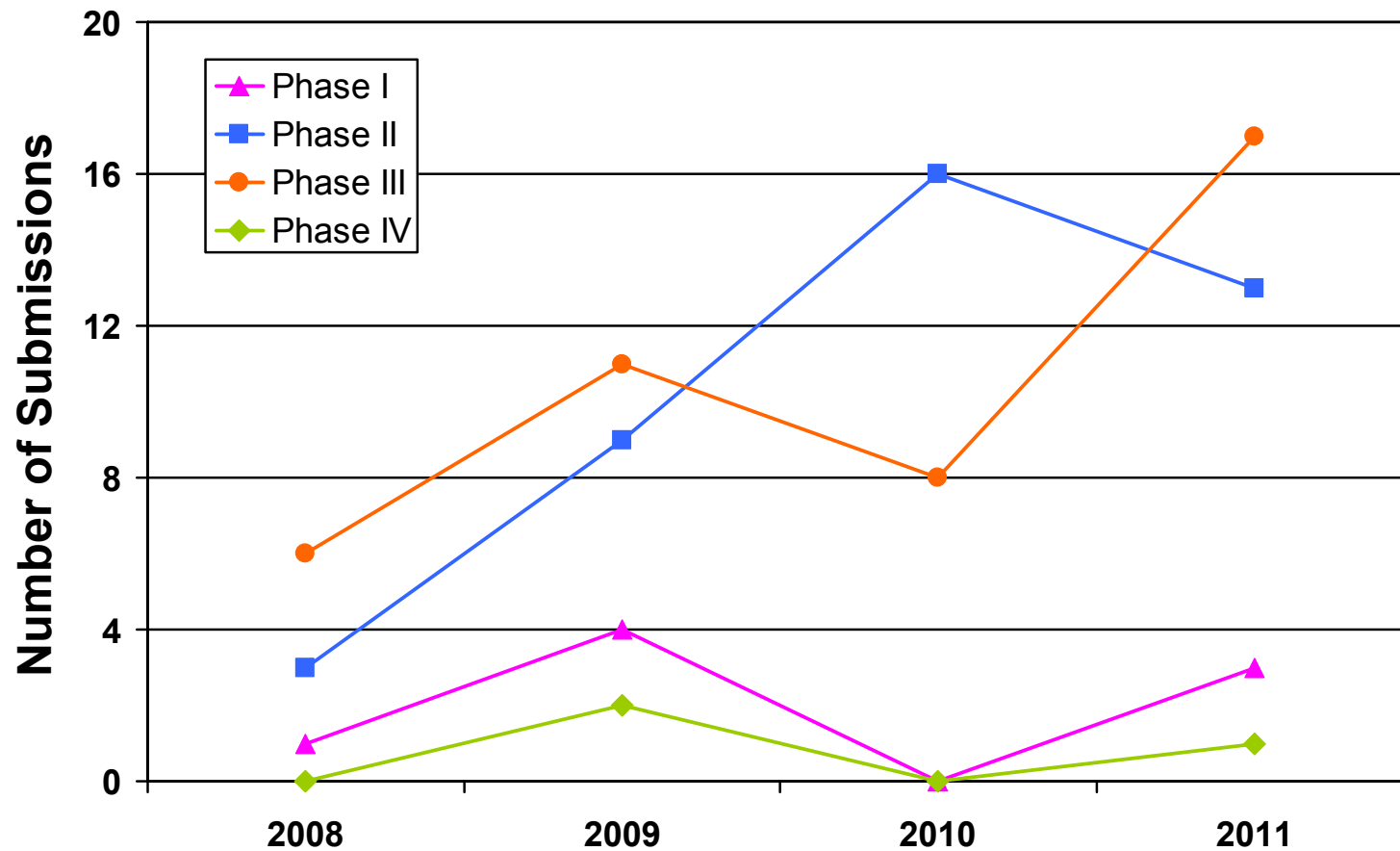
# CBER's experiences

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- Loose survey of IND and IDE statistical reviews from 2008-2011
  - All phases
  - Number of submissions requiring stat review: 7,030
  - Number of review memos screened: 958
  - Number of submissions involving adaptive design components: 94
- Results broken down by product office:
  - Vaccines (OVRR)
  - Blood (OBRR)
  - Cell, tissue, gene therapy (OCTGT)

# CBER adaptive trends by trial phase

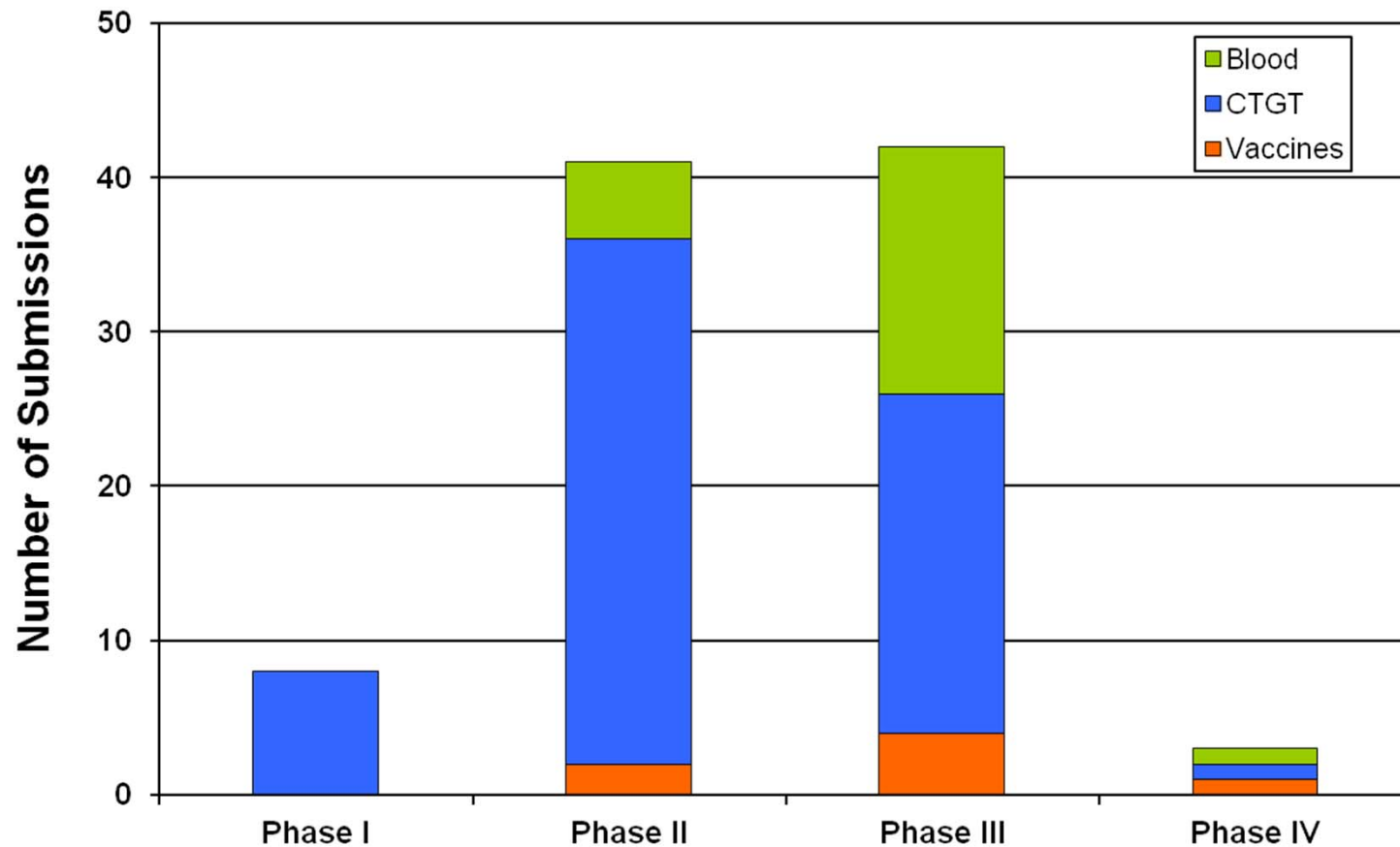
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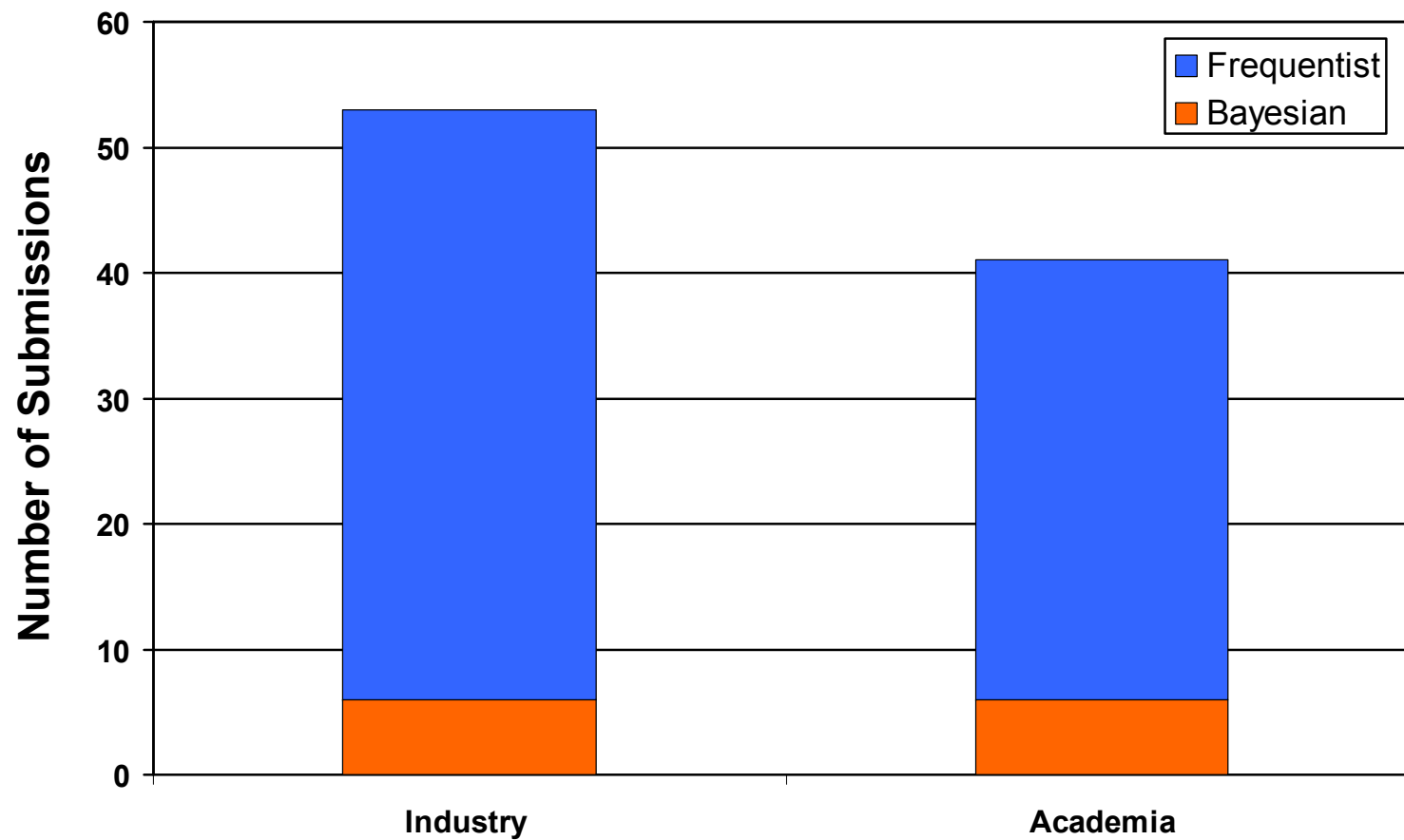
# Phases by product class

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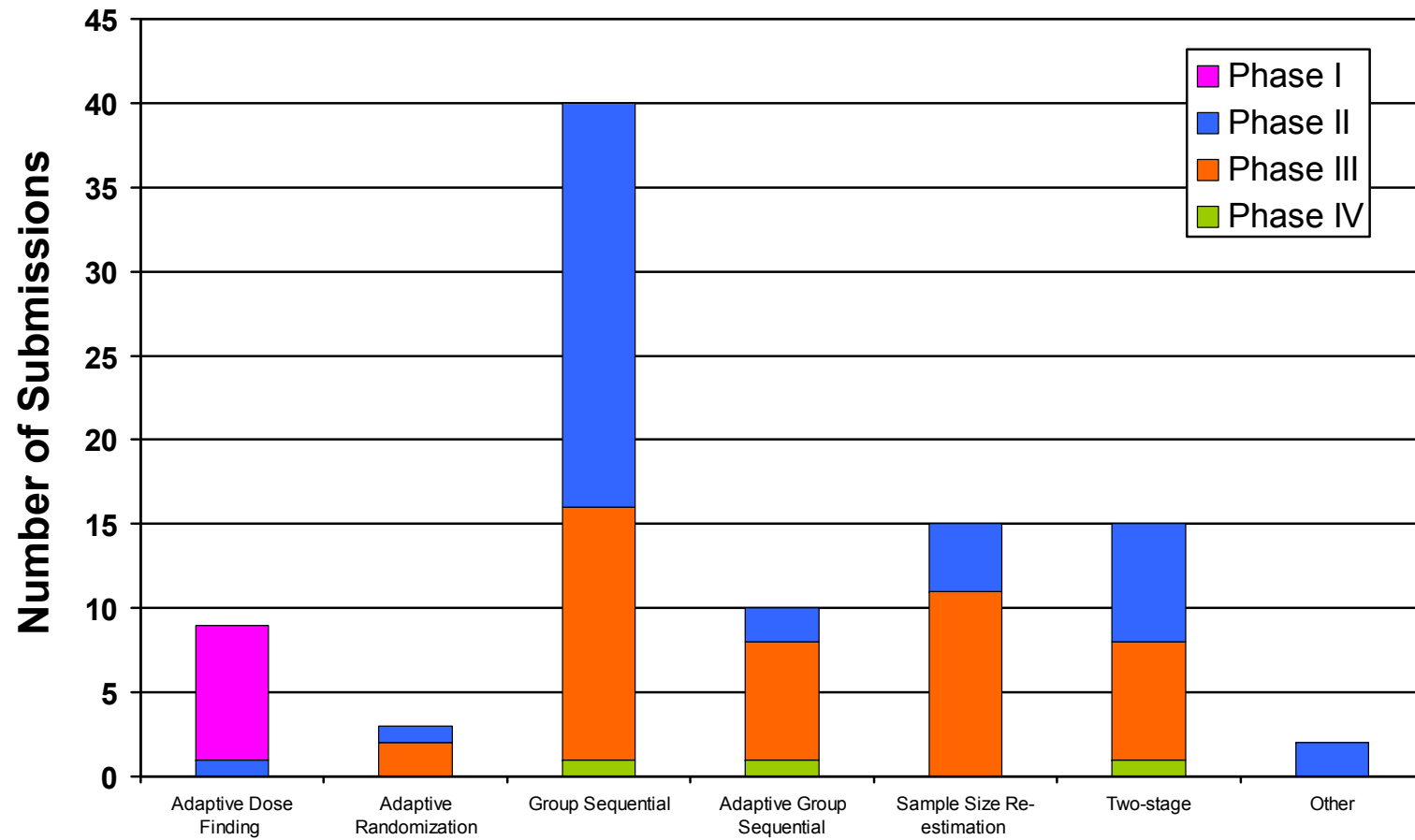
# Sponsor by method / philosophy

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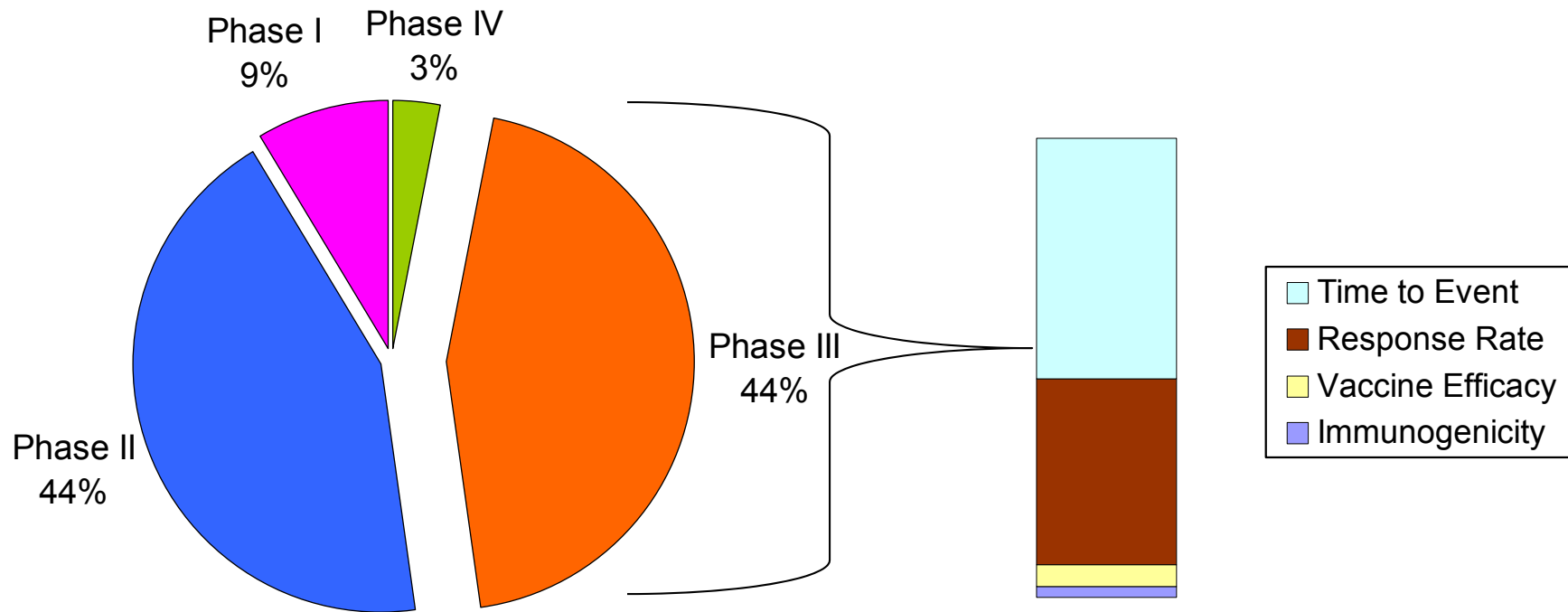
# Adaptations

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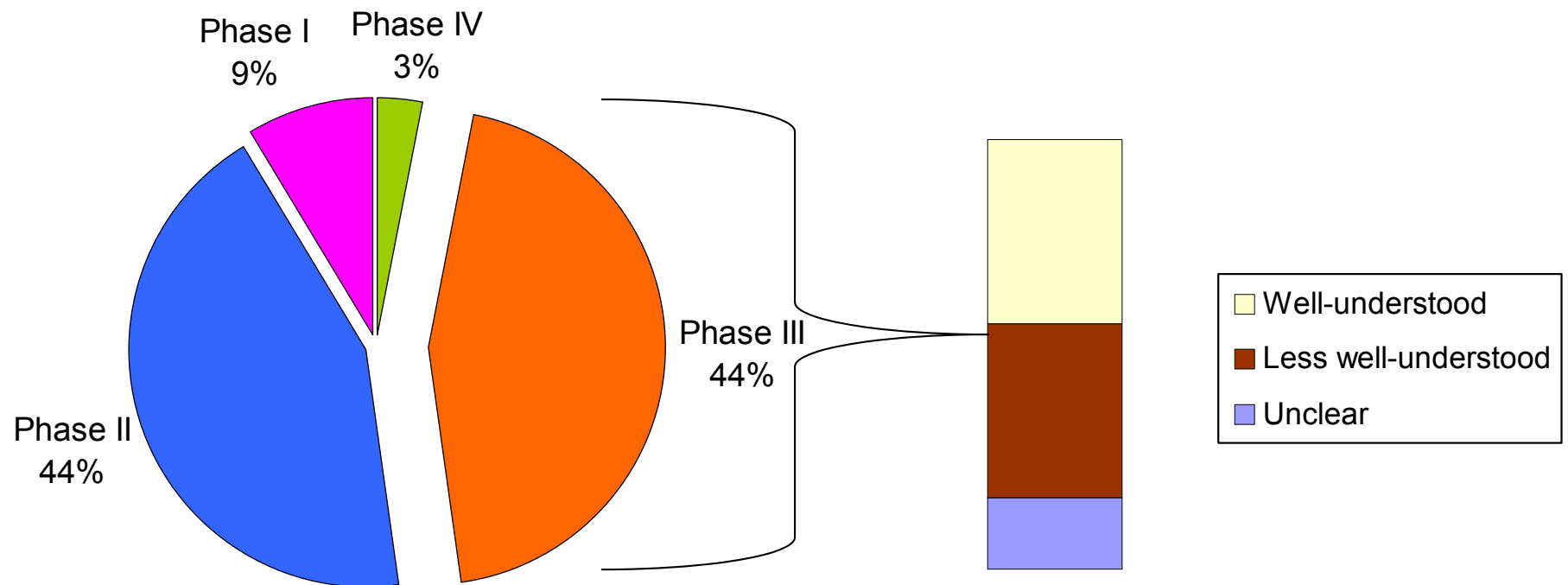
# Phase III endpoints

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# Proportion “understood” in Phase III

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# CBER overview

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- Trending upward, especially in Phase III
- Majority of Phase II and about half of Phase III proposals are in cell, tissue, and gene therapies
  - ▣ Large proportion of these are oncology
- Bayesian proposals are in the minority
  - ▣ Mostly used in CRM and other dose escalation or selection designs
  - ▣ Confirmatory Bayesian proposals can be counted on 1 hand
- Sample size re-estimation most common in confirmatory designs

# CDRH experiences

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- About 120 adaptive design submissions in past five years
- ~90% therapeutic, 10% diagnostic
- ~90% proposed protocols, 10% completed trials
- Some approved, some not
- Mostly sample size adaptations, some randomization adaptations
  - ▣ Large proportion of proposals Bayesian

# Simulation

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- The Bayesian device trial guidance discusses simulation for Type I error rates
  - ▣ Seen as fairly non-controversial at CDRH
- The adaptive guidance is more ambivalent
  - ▣ “Using simulations to demonstrate control of the Type I error rate, however, is controversial and not fully understood”
- CBER has accepted Type I error simulation
  - ▣ Not automatic
  - ▣ Evaluated on a case-by-case basis



# Simulation issues

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- Problems generally multidimensional
  - ▣ Not always obvious what parts of the parameter space need to be explored
- Review resources, expertise
  - ▣ No standardization of simulation methodologies, software
- Stochastic error

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## Some free advice

# Interacting with FDA on AD

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- DIA ADSWG 2011 survey respondents on whether regulatory acceptance is a barrier to adaptive design implementation:
  - ~45% Major barrier
  - ~45% Minor barrier
  - ~10% No barrier
- General advice: Try to make FDA an ally in your development program

# Communication

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- Clear and adequate communication in formal submissions (protocols, SAPs)
- Taking advantage of formal meeting opportunities with FDA
- Using informal contacts when possible
- Escalating when necessary (but don't shoot yourself in the foot on efficiency)

# Documenting a novel AD proposal

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- Describe technical aspects of the adaptation clearly
  - ▣ You're talking to two audiences: statisticians and clinicians
  - ▣ Keep in mind we're kind of obsessed with pre-specification
  - ▣ Type I error *will* come up in confirmatory studies
- Include literature when appropriate
- Describe the role of the trial in development plan
- Document chain of information-passing

# Documentation cont.: justification

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- Explain why you're making this proposal
- My personal hierarchy:
  - ▣ Ethics
  - ▣ Feasibility
  - ▣ Efficiency
- Compare the adaptive design proposal to other possibilities
  - ▣ Don't cheat!
  - ▣ Group-sequential designs are “well-understood”

# Documentation cont.: simulation

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- Provide a clear explanation of overall simulation strategy
  - ▣ Consider two versions: high-level for non-statistician audience and more detailed for statistical reviewers
- Provide detailed results
- Provide code
  - ▣ Can we run it? We don't endorse software, but you can ask specific questions...
  - ▣ Consider making at least toy version runnable by FDA
- C.f. AD & Bayesian guidances

# Formal meetings with FDA

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- Most important: End-of-phase 2 / Pre-phase 3 meeting
  - ▣ Have a draft protocol
  - ▣ Critical if planning an SPA
- Even at pre-IND stage, useful to talk about overall development program
- Type A meetings for stalled development programs
  - ▣ Includes failure to reach concurrence on SPA



# Informal meetings with FDA

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- You can ask for informal phone calls with review team
  - ▣ More likely to be granted if review team is convinced of public health importance and general scientific soundness of project
  - ▣ Better for simpler / discrete questions
  - ▣ Not binding but very useful
- Use public workshops and scientific conferences to sound out FDA staff on proposals
  - ▣ Very unlikely to get responses on specific submissions, but people often happy to opine in general terms
  - ▣ Not binding

# Pushing back

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- Speaking (unofficially) for CBER alone....
- If you get a response you disagree with, best first bet is usually to ask for an informal telecon
  - ▣ Explain clearly why you want the telecon
  - ▣ More likely to be helpful in cases of miscommunication; less likely if we just plain disagree
- Formal appeals process available
  - ▣ Contact center-specific ombudsman
- Understand what you are appealing:
  - ▣ Appealing clinical holds, CRs makes sense
  - ▣ Appealing “free advice” probably not useful

# Acknowledgements

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Thanks!